

## Area Medical Facilities

**Prompt Care**  
**1149 Seminole Trail**  
**Charlottesville, VA 22901**  
**(434) 978-3998**  
**25 minutes South on RT 29 from Gym**



Turn LEFT onto US-33 E. Continue to follow US-33 E.

6.2 mi



Turn RIGHT onto SEMINOLE TRL/ US-29 S. Continue to follow US-29 S.

13.3 mi



Make a Left TURN at SEMINOLE Ct.

**UVA Medical Center**  
**1300 Jefferson Park Ave**  
**Charlottesville, VA 22903**  
**(434) 924-0211**  
**35 Minutes South of Gym**



Turn LEFT onto US-33 E. Continue to follow US-33 E.

6.2 mi



Turn RIGHT onto SEMINOLE TRL/ US-29 S. Continue to follow US-29 S.

13.9 mi



US-29 S becomes US-29 BR S/ N EMMET ST.

1.4 mi



Turn LEFT onto US-250 BR/ UNIVERSITY AVE. Continue to follow US-250 BR.

0.7 mi



Turn SHARP RIGHT onto JEFFERSON PARK AVE.

**Martha Jefferson Hospital**  
**459 Locust Avenue**  
**Charlottesville, VA 22902**  
**434-982-7000**  
**35 Minutes South of Gym**



Turn LEFT onto US-33 E Continue to follow US-33 E.

6.2 mi



Turn RIGHT onto SEMINOLE TRL/ US-29 S. Continue to follow US-29 S.

13.9 mi



US-29 S becomes US-29 BR S/ N EMMET ST.

0.1 mi



Merge onto US-250 BYP E toward RICHMOND.

2.4 mi



Take the ST CHARLES AVE ramp toward LOCUST AVE.

0.0 mi



Stay STRAIGHT to go onto WATSON AVE/ US-250 BYP.

0.1 mi



Turn RIGHT onto LOCUST AVE.